

Is Daybreak for You?

We all have an unlimited capacity for creativity and achievement. But some of us have trouble reaching our potential. That's where Daybreak Seminars comes in. Under the direction of specially trained group leaders, seminar participants are guided in a series of growth activities and self-exploration to reveal barriers that may be working against their success in their careers or personal relationships.

Find out if Daybreak is right for you. Ask yourself the following:

- Do you become angry when things don't go your way?
- Are you often anxious or nervous?
- Are you frustrated or blocked emotionally?
- Are you frequently "stressed out" or exhausted?
- Do you avoid making decisions?
- Do you have more to offer than you show the world?
- Is it hard for you to maintain close relationships?
- Is it difficult to stand up for what you believe?

If you answered yes to any of these questions, Daybreak can help you feel better about yourself and others to achieve the success you crave and fully deserve.

Daybreak Builds Success

Sometimes we're our own worst enemy. Our fears or lack of confidence can stop us from achieving what we want both personally and professionally. Daybreak can teach you how to turn negative behaviors and patterns around. Attend a Daybreak Seminar and ...

- Experience more joy and passion in whatever you do
- Gain greater personal freedom
- Enjoy less stress and greater sense of well-being
- Learn to build stronger relationships with loved ones and colleagues
- Identify what you really want in life
- Discover your own creativity and uniqueness

What is Daybreak?

Created to help people break the patterns that may be stopping them from achieving their personal and professional goals, Daybreak provides an intensive eight-day **Personal Growth Seminar** that takes place in two stages designed to let your power and creativity blossom in a small group environment. The first is a three-day program that teaches strategies and techniques that help you remove the obstacles that can prevent you from moving forward in life. The program runs conveniently from 7 p.m. Friday through 5 p.m. Sunday.

The next stage – our intensive five-day program – takes place a few weeks later. Building on experiences gained from the three-day portion of the seminar, this longer program delves deeper into self-exploration. Through a series of powerful group and individual exercises, you can discover inner strengths that you never knew existed or haven't allowed yourself to experience. Professional leaders are there with you all the way, helping you take the steps necessary to achieve true growth. This part of the seminar runs from 7 p.m. Wednesday through 5 p.m. Sunday.

The **Daybreak Personal Growth Seminar** offers you a unique, challenging and highly personal experience. Our professionals work with you throughout the eight days to help you uncover hidden strengths and overcome fears. *Plus, the cost of the seminar includes accommodations for the five-day portion of the program!*

2003 Seminar Schedule

3-DAY

January 10 - 12
April 11 - 13
June 6 - 8
September 12 - 14

5-DAY

January 29 - February 2
April 30 - May 4
June 25 - 29
October 1 - 5

For more information or to reserve your space for an upcoming seminar, call us today at 909.445.9909. Seats and dates are limited.

What Does It Cost?

You may expect a seminar of this type to be expensive. It's not. We keep our prices affordable so you can experience the growth you need to live a better, more fulfilling life. That was our goal in the beginning ... it remains our goal today.

2003 Seminar Rates & Registration

3-day Session: Single payment = \$695.00
Two payments = \$200 deposit / \$495 balance
\$495 balance due two weeks prior to 3-day

5-day Session: Single payment = \$1295
Two payments = \$400 deposit / \$895 balance
\$895 balance due two weeks prior to 5-day

*NOTE: Participants **must complete the 3-day** before attending the 5-day.*

8-day Session: Single payment = \$1840 (save \$150)
Two payments = \$600 deposit / \$1390 balance

**Pay for the eight-day seminar in full with one payment to receive \$150 off the full seminar price.*

Save \$150*
on 8-Day
Seminar!

For details or to pay by phone, call 909.445.9909.

Want to mail your payment? No problem!

Just complete and return this form to us with your check to Daybreak Seminars, 433 West Arrow Highway, Claremont, CA 91711.

YES! Help me break old patterns and achieve my goals. Enroll me in the **Daybreak Personal Growth Seminar** for the following dates:

3-DAY: _____

5-DAY: _____

Name: _____ Age: _____

Address: _____

City: _____ Zip: _____

Day Phone: _____ Night: _____

Email: _____

Referred By: _____

Credit Card #: _____

VISA / MC (circle card type) Expires: _____



Life is full of possibilities.

To achieve success in all areas of your life, you have to embrace this philosophy. Daybreak Seminars can show you how. We have an impressive track record for doing just that. But don't take our word for it. Listen to what a few past seminar participants have to say ...

The Daybreak Seminars led me to revolutionize every facet of my life, infusing passion into a new marriage, family and professional life. Twelve years later, I live my life "on purpose." I returned to college, completed a B.A. and earned a Ph.D. Life has continual challenges, but I meet them as opportunities to learn and grow.

Margaret Beebe-Frankenberger, Ph.D.

Daybreak helped me to become a better wife, mother, teacher and friend, but more important, it helped our entire family to heal the wounds of past hurts, communicate our feelings and become a close-knit, loving family.

Connie Jury, English Teacher

Neither my upbringing, formal education nor corporate America had ever prepared me to learn the truths about myself or given me the tools I received from Daybreak. It transformed my life into rich, meaningful relationships with my wife, kids, parents, family, friends and me. My career and financial successes have multiplied beyond my imagination. Best of all, my kids no longer have to deal with my issues and have become huge successes on their own!

Joe Ruiz, CPA & Stockbroker

Daybreak is an incredible opportunity to release limitations to greater health, wealth and happiness. The awareness I gained has given me greater clarity of purpose in my life and tools to bring forth the humor, wisdom and compassion inherent in us all.

Dan Hoekstra, Minister

Meet the Leaders.



Charlene Marth, M.A., M.F.T.

Director of Daybreak Personal Growth Seminars in Claremont, Calif., Charlene Marth is a licensed Marriage and Family Therapist with more than two decades of experience helping people. In private practice since 1982, Charlene holds a B.A. in Humanistic and Transpersonal Psychology and an M.A. in Counseling Psychology. In 1987, hand in hand with her late husband, Dr. Selden B. Marth, Charlene created Daybreak Seminars. Over the years, Charlene has helped hundreds of people from diverse backgrounds and experiences to achieve their goals and live more fulfilling lives. She has done so by helping them to focus on possibilities and become more self-reliant.

Rocky J. Purpero

A prominent businessman who has created and operated several successful corporations over the past 25 years, Rocky Purpero understands the importance of focusing on the possibilities in life. One of Daybreak Seminars' founders, Rocky continues to hold leadership roles in the organization. Trained as a Life Coach under the guidance of Dr. Selden B. Marth, Rocky's primary role in Daybreak is to motivate and challenge participants to reach their full potentials. He teaches them how to bring passion and commitment into every aspect of their lives.



DAYBREAK

433 West Arrow Highway, Claremont, CA 91711
TEL 909-445-9909 • Fax 909-626-7346
www.daybreakseminars.com



DAYBREAK

a new beginning...

For success, happiness, fulfillment...